

# DENTAL BANDS, SOME ARE TOUGHER THAN OTHERS

by George White

Several years ago, long time Pensacola flyer, Dave Henderson, decided for some inexplicable reason moved to the great state of Connecticut. We never did figure that out, especially since most of us took regular showers and didn't smell all that bad!!! When he left town, he graciously gave me a box of rubber bands, and included in that box was a considerable number of small packets of colored dental bands. I quickly discovered that those little bands were useful for a great number of things, including tying together the strands of rubber motors. They are the strongest and most long lasting rubber bands I've ever used. They are incredibly tough, and are very hard to break. Having shared my stash with various friends, the stash started getting low, so I started chatting up an orthodontist friend who gave me a few more packets. I was concerned that the colored dental bands may have gone out of fashion for use on kid's braces, but actually they are still in fashion. He told me they are easily purchased through an orthodontist supply house, and I quickly looked up their website.

The website is [www.centricorthodontics.com](http://www.centricorthodontics.com)

On the home page of their site, click on “elastics – rainbow,” then click on the graphic showing the package of bands. Another page will then show, and on the bottom right, select “choose and option.” I've found that the 5/16 6 oz to be the most useful, although the 3/8” 4 oz would also be a handy size, but not quite as strong. For \$23.75 for 50 packets, you'll have enough bands for an entire club. Each packet contains about 50 bands.

